



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00-11:00 成人养生太极拳 Tai Chi			10:00-11:00 成人养生太极拳 Tai Chi
Private Class		3:00-4:00 黄带 Yellow	Private Class	11:00-12:30 精武堂竞赛班 AMA Team Class
4:00-5:00 初级带 Beginner	Private Class	4:00-5:00 白带-白黄带 White -White/Yellow	Private Class	2:00-3:00 橘带-蓝带 Orange- Blue
5:00-6:00 十八般兵器-双节棍 双节棍 <u>Nunchaku</u>	Private Class	5:00-6:00 橘带-蓝带 Orange- Blue	Private Class	3:00-4:00 初级带-白带 Beginner-White
6:00-7:00 紫带以上 Purple Up	Private Class	6:00-7:00 紫带以上 Purple Up	Private Class	4:00-5:00 黄带 Yellow

Zoom ID : 626-315-5058

How to join our online class? 精武堂线上武术课 实时教学 远程互动 *线上私人课开始接受预约

- 1) Download Zoom, Phone from App Store or Computer from website (<https://zoom.us>.)
- 2) Open Zoom App and Click join a meeting
- 3) Type our meeting ID **626-315-5058** to join

Scan our Wechat QR code
to get more information

